

## CURRICULUM VITAE

**DANIEL CLIFFORD MILLS, II, M.D., F.A.C.S.**  
**31852 Pacific Coast Highway, Suite 401**  
**Laguna Beach, CA 92651**  
**(949) 499-2800**

### EDUCATION AND TRAINING

#### **POSTGRADUATE**

1986-1988	Residency in Plastic Surgery	Medical College of Ohio, Toledo, OH <i>Program Director: George Baibak, M.D.</i>
1985-1986	Fellowship in Plastic Surgery	Phoenix Plastic Surgery Residency, Phoenix, AZ <i>Program Director: Rex Peterson, M.D.,</i>
1983-1985	Residency in General Surgery	Wright State University, Kettering, OH <i>Program Director: Dan. W. Elliot, M.D.</i>
1982-1983	Internship in General Surgery	Wright State University, Kettering, OH <i>Program Director: Dan. W. Elliot, M.D.</i>

#### **GRADUATE**

1978-1982	M.D. 1982	Loma Linda University, Loma Linda, CA Medicine
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#### **UNDERGRADUATE**

1974-1978	B.A. 1978	Walla Walla College, College Place, WA Chemistry
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### CERTIFICATION AND LICENSURE

#### **SPECIALTY CERTIFICATION**

1990	American Board of Plastic Surgeons
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#### **MEDICAL LICENSURE**

2008	Idaho
1985	California

## **PRACTICE EXPERIENCE**

2008-present Private Practice, Aesthetic Plastic Surgical Institute, Salmon, ID  
2006-present Medical Director, Laguna Beach Rejuvenation and Wellness, Laguna Beach, CA  
(Formerly Monarch Bay Laser)  
1994-present Medical Director, Oceanview Ambulatory Surgery Center, Laguna Beach, CA  
1988-present Private Practice, Aesthetic Plastic Surgical Institute, Laguna Beach, CA

## **HOSPITAL/FACILITY AFFILIATIONS**

2008-present Steele Memorial Hospital, Salmon, ID  
1994-present Oceanview Ambulatory Surgery Center, Laguna Beach, CA  
1988-present Mission Hospital, Laguna Beach CA (formerly South Coast Medical Center)  
1988-present Children's Hospital of Orange County, Mission Viejo, CA  
1988-present Mission Hospital, Mission Viejo, CA

## **HOSPITAL APPOINTMENTS AND POSITIONS**

2005-2009 Member, Medical Executive Committee, South Coast Medical Center, Laguna Beach, CA  
2005-2007 Member, Board of Directors, South Coast Medical Center, Laguna Beach, CA  
1997-present Plastic Surgery Representative for CHOC at Mission Hospital, Mission Viejo, CA  
1992-present Assistant Clinical Professor of Plastic & Reconstructive Surgery, Loma Linda University,  
School of Medicine, Loma Linda, CA  
1990-2009 Chief of Plastic Surgery, South Coast Medical Center, Laguna Beach, CA

## **ADDITIONAL TRAINING AND EXPERIENCE**

1985 Brooke Army Hospital (ISR) Burn Unit Rotation  
1979-1982 Student Representative, California Medical Association Advisory Panel to Plastic Surgery

## **HONORS**

2007 Clinician of the Year, Division of Plastic Surgery, Loma Linda University, School of  
Medicine

## **MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES**

1990	Diplomate	American Board of Plastic Surgeons
1983	Diplomate	National Board of Medical Examiners
2012	Member	American Association of Plastic Surgeons
1993	Fellow	American College of Surgeons
1992	Member	American Society for Aesthetic Plastic Surgery
1991	Member	California Society of Plastic Surgeons
1990-2010	Member	American Society of Maxillofacial Surgeons
1990-2014	Member	American Society of Plastic Surgeons
1988	Member	California Medical Association

## **PROFESSIONAL APPOINTMENTS HELD**

### **The Aesthetic Society (formerly the American Society for Aesthetic Plastic Surgery-ASAPS)**

2026	Co-Chair, Aesthetic One committee
2025-2026	Member, Nominating Committee
2021-present	Member, ARISE (American Registry for Breast Implant Surveillance and Evaluation)
2017-present	Founding Leader <i>Aesthetic One Program</i> , The Aesthetic Society
2018-2022	Examiner, Oral Boards, American Board of Plastic Surgery
2016-2017	President, Executive Committee
2015-2016	President Elect, Executive Committee
2014-2015	Vice President, Executive Committee
2013-2014	Treasurer, Executive Committee
2012-2013	Secretary, Executive Committee
2011-2022	Technology Editor, Aesthetic Surgery Journal
2014-2022	Chair of Judicial Council
2014-present	Member, Advocacy Committee
2014-2022	Chair of Advocacy Committee
2010-2022	Patient Safety Committee
2013-14, 2015-2022	Marketing Task Force
2010-2022	Finance and Investment Committee
2010-2014	Communications Commissioner
2009-2022	Member, Aesthetic Training Task Force
2009-2013	Project Beauty Task Force Chairman, Strategic Planning Committee
2009-2012	Member-At- Large, Board of Directors
2009-2010	Representative, ASAPS/ASPS Joint Brochures Committee
2009-2012	Member, Medical Skin Care Subcommittee
2009-2012	Member, Non-Surgical Procedures Committee
2008-2012	Member, Future Leaders Committee/Leadership Development
2008-2010	Member, New Member Committee
2008-2010	Chairman, Practice Relations Committee
2008-2010	Member, Time and Place Committee (Southern California)
2008-2009	Board Member, Parliamentarian
2007-2009	Chairman, Electronic Communications Committee
2003-2008	Vice Chairman, Practice Relations Committee
2001-2004	Member, Membership Committee
2000-2010	Member, Public Education Committee
1999-2001, 2005-2008	Member, Ethics Committee
1998-1999	Member, Practice Relations Committee
1996-1999, 2003-2005	Member, Electronic Communications Committee
1994-1996	Liaison to ASPS Young Plastic Surgeons Committee

**Aesthetic Surgery Education and Research Foundation (ASERF)**

2008-13, 2014-2022	Member, Board of Directors
2008-2022	Representative to the Plastic Surgery Endowment
2011-2013	Database Review Task Force Chair
2010-2013	Chairman, Fund Development Committee
2009-2012	Member, Website Committee
2009-2012	Member, Research Consortium/Alliance
2008-2009	Member, Membership Committee
2008-2009	Member, Bylaws Committee

**American Society of Plastic Surgeons**

2009-2011	ASERF Representative, Board of Directors
2009-2010	Chairman, Judicial Council
2007-2010	Member, Judicial Council
2006-2007	Member, Pathways to Leadership
2005-2010	Board Member, Board of Directors National Endowment for Plastic Surgery
2003-2005	Member, Membership Committee
1994-1996	Member, Young Plastic Surgeons Committee

**California Society of Plastic Surgeons**

2007-2008	President
2005-2006	Vice President
2003-2005	Secretary
2009-2022	Member, Legislative Committee
2001-2022	Member, Strategic Planning Committee
2001-2022	Member, Finance and Investments Committee
2001-2003	Counselor for the South
2000,2003,2009,2014	Member, Nominating Committee
2000	Chairman, Scientific Program Committee
1999-2008	Member, Scientific Program Committee
1997-2000	Member, Membership Committee Chairman

**California Society of Plastic Surgeons Educational & Research Foundation**

2008-2022	President, CSPS Educational & Research Foundation
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**BIBLIOGRAPHY**

**REFERENCED ARTICLES:**

1. Nair N, **Mills DC**. Poly-4-Hydroxybutyrate (P4HB) Scaffold Internal Support: Preliminary Experience with Direct Implant Opposition During Complex Breast Revisions. Aesthetic Surgery J 2018 Oct 13.

2. **Mills DC**, Ereso AQ, Engle C, Cessna LE. The Shoelace Breast Cast. Aesthetic Surgery Journal. 34(5):776-781
3. Schafer ME, Hickok KC, **Mills DC**, Chao JJ. Acute Adipocyte Viability after Third-Generation Ultrasound-Assisted Liposuction. Aesthetic Surgery Journal. 33(5):698-704, 2013
4. **Mills DC**, Camp S, Mosser S, Sayeg A, Hurwitz D, Ronel D. Malar Augmentation with a polymethylmethacrylate-Enhanced Filler. Assessment Of A 12-Month Open Label Pilot Study. Aesthetic Surgery Journal. 33(3) 421-30, 2013
5. **Mills DC**, Camp S. The Marriage of Plastic Surgery And Social Media: A Relationship To Last A Lifetime. Aesthetic Surgery Journal. 32(3):349-351, 2012
6. Huang GJ, Wichman J, **Mills DC**. Transaxillary Subpectoral Augmentation Mammoplasty: A Single Surgeon's 20 Year Experience. Aesthetic Surgery Journal. 31(7):781-801, 2011
7. Huang GJ, York CE, **Mills DC**. Stria Distensae as a Complication of Augmentation Mammoplasty. Plastic and Reconstructive Surgery. 122(2) 90e-93e, 2008
8. Nahai F, Fisher J, Maxwell PG, **Mills DC**. Augmentation Mastopexy: To Stage or Not. Aesthetic Surgery Journal. 27:219-346, 2007
9. Huang GJ, Hardesty RA, **Mills DC**. Sentinel Lymph Node Biopsy in the Augmented Breast: Role of the Transaxillary Subpectoral Approach. Aesthetic Surgery Journal. 23(3):184-187, 2003
10. **Mills DC**. Finding Sutures. Plastic and Reconstructive Surgery. 83(2) 392, 1989
11. **Mills DC**, Roberts LW, Mason AD Jr, McManus WF, Pruitt BA Jr. Suppurative Chondritis: Its Incidence, Treatment and Prevention in Burn Patients. Plastic and Reconstructive Surgery. 82:267, 1988

## BOOK CHAPTERS

1. **Mills DC**: Acquiring the Competition. In: Kuechel MC ed. Aesthetic Medicine: Growing Your Practice. Quality Medical Publishing, Inc, St. Louis, MO, 2009
2. Peterson RA, Peterson T, **Mills DC**. Rhytidectomy. In: 1st ed. Plastic Surgery Secrets. Hanley & Belfus, Inc. Medical Publishers, Philadelphia, PA 1999
3. Friedland JA, **Mills DC**. Ancillary Procedures for Facial Rejuvenation. In: 1st ed. Mastery of Plastic and Reconstructive Surgery. Little, Brown and Company, Boston, MA, 1994

## **SCIENTIFIC PRESENTATIONS**

### **INVITED PRESENTATIONS**

1. Defying Gravity: How to make Mastopexy Last. California Society of Plastic Surgeons, Huntington Beach, CA April 2026.
2. The Next Generation in Soft Tissue Support. Orange County Society of Plastic Surgeons, Newport Beach, CA October 2019.
3. The Next Generation in Soft Tissue Support. Greater Sacramento Society of Plastic Surgeons, Sacramento, CA October 2019.
4. How ANN and Its Data Can Help Your Practice. Panel Moderator. American Society for Aesthetic Plastic Surgery Cruise. June 2019.
5. The SMAS Facelift and Transaxillary Breast Augmentation. University of California San Diego Division of Plastic Surgery Grand Rounds. San Diego, CA. March 2019.
6. New Technology in my Practice: Cellfina. Washington Society of Plastic Surgeons, Walla Walla, WA June 2015
7. Transaxillary Breast Augmentation “My Way”. Washington Society of Plastic Surgeons, Walla Walla, WA June 2015
8. Beauty for Life: Incremental Facelift. Washington Society of Plastic Surgeons, Walla Walla, WA June 2015
9. EHR/EMR-Reasons to Take the Plunge (Panel Speaker) American Society for Aesthetic Plastic Surgery. Montreal, Canada. May 2015.
10. Hot Topics in Aesthetic Surgery (Panel Speaker) 2015 Thomas Zirkle Plastic Surgery Symposium. Riverside, CA March 8, 2015
11. 20 Year Experience in Transaxillary Subpectoral Augmentation Mammoplasty and Mills Bracast. USC Residents Lecture. Los Angeles, CA January 2015
12. Innovations in Plastic Surgery with the Quill Knotless Tissue Closure Device. Plastic Surgeons in China. Wuhan and Beijing, China. October 2014
13. The Mills Bracast. The American-Brazilian Aesthetic Meeting. Florianopolis, Brazil. February 2014. The American-Brazilian Aesthetic Meeting. Florianopolis, Brazil. February 2014
14. Ultherapy. The American-Brazilian Aesthetic Meeting. Florianopolis, Brazil. February 2014
15. Management of Difficult Case in Facial Rejuvenation (Face Panel Speaker). The Aesthetic Cruise. July 2013.

16. Management of Wrinkling in Breast Augmentation (Breast Augmentation Panel Speaker). The Aesthetic Cruise. July 2013.
17. Management of Complications in Augmentation Mastopexy (Breast Panel Speaker). The Aesthetic Cruise. July 2013.
18. Marketing the Aesthetic Surgery Practice: Management of Complications in Non-Surgical Facial Rejuvenation (Panel Moderator). The Aesthetic Cruise. July 2013.
19. Management of Complications in Non-Surgical Facial Rejuvenation (Panel Moderator) The Aesthetic Cruise. July 2013.
20. Malar Augmentation With PMMA (Polymethylmethacrylate). The American-Brazilian Aesthetic Meeting. Park City, UT. February 2013.
21. Viability of Adipocytes and Other Lipoaspirate Components after Third Generation Ultrasound-Assisted Liposuction. California Society of Plastic Surgeons. Coronado Island, CA. May 2012.
22. The Use of Fibrin Tissue Sealants in Facelift Surgery to Eliminate Drains and Improve Patient Satisfaction and Outcomes. California Society of Plastic Surgeons. Coronado Island, CA. May 2012.
23. Viability of Adipocytes and Other Lipoaspirate Components after Third Generation Ultrasound-Assisted Liposuction. American Society for Aesthetic Plastic Surgery. Vancouver, Canada. May 2012.
24. The Use of Fibrin Tissue Sealants in Facelift Surgery. The American-Brazilian Aesthetic Meeting. Florianopolis, Brazil. February 2012.
25. Tips, Tools, and Epiphanies: 20 Year Experience in Transaxillary Subpectoral Augmentation Mammoplasty. The Aesthetic Cruise on the Adriatic. August 2011.
26. Salvaging the Unsatisfactory Breast Following Cosmetic and Reconstructive Surgery (Panel with Drs J. Fisher, J. Grotting, D. Hammond, J. Serletti). The Aesthetic Cruise on the Adriatic. August 2011.
27. Cheek Augmentation Volumizing and Effects of Long Lasting PMMA Filler. (Presented with Drs. D. Hurwitz, S. Mosser, d. Ronel, and A. Sayeg). California Society of Plastic Surgeons. Monterey, CA. May 2011.
28. Cheek Augmentation Volumizing and Effects of Long Lasting PMMA Filler. (Presented with Drs. D. Hurwitz, S. Mosser, D. Ronel, and A. Sayeg). American Society for Aesthetic Plastic Surgery. Boston, MA. May 2011.

29. Using Technology: Cross Selling Surgical Patients to Skin Care and Skin Care Patients to Surgery. Society of Plastic Surgical Skin Care Specialists. Boston, MA. May 2011.
30. Breast Asymmetry: Strategies to Improve Outcome and Patient Satisfaction (presented with Dr. Anne Taylor). American Society for Aesthetic Plastic Surgery. Boston, MA. May 2011.
31. The Role of a Facelift in the Minimally Invasive World. (Invited Panelist). California Society of Plastic Surgeons. Palos Verdes, CA. May 2010.
32. Malar Augmentation with ArteFill. The 2<sup>nd</sup> American Brazilian Aesthetic Meeting. Sao Paulo, Brazil. March 2010.
33. 410 Textured Implants. The 2<sup>nd</sup> American Brazilian Aesthetic Meeting. Sao Paulo, Brazil. March 2010.
34. Industry Relations. The 2<sup>nd</sup> American Brazilian Aesthetic Meeting. Sao Paulo, Brazil. March 2010.
35. Cheek Augmentation with ArteFill. 24<sup>th</sup> Annual Workshop in Plastic Surgery. St. John, British Virgin Islands. January 2010.
36. My Experience: Saline to Silicone. Grand Rounds: Taipei Veterans General Hospital. Taipei, Taiwan. November 2009.
37. Achieving Excellence in Breast Augmentation Surgery: Putting Core Principles to Practice. International Society of Aesthetic Plastic Surgery. Istanbul, Turkey. June 2009.
38. Transaxillary Subpectoral Augmentation Mammoplasty (TASPA): 20 Year Experience. California Society of Plastic Surgeons. Squaw Valley, CA. May 2009.
39. Improving Outcomes by Checking Statistics in Breast Augmentation. American-Brazilian Aesthetic Meeting & 23<sup>rd</sup> Annual Workshop in Plastic Surgery. St. John, British Virgin Islands. February 2009.
40. Transaxillary Subpectoral Augmentation Mammoplasty: My Experience. California Society of Plastic Surgeons Visiting Professorship.
  - University of California, Irvine Medical Center. September 2008.
  - Stanford University Medical Center. April 2008.
  - Loma Linda University Medical Center. March 2008.
  - Vanderbilt University Medical Center. October 2007.
41. Transaxillary Subpectoral Augmentation Mammoplasty and 410 Form Stable Cohesive Gel Implant. 9<sup>th</sup> International Symposium of Plastic Surgery. Sao Paulo, Brazil. March, 2008.
42. Transaxillary Subpectoral Augmentation Mammoplasty: My Experience. 37<sup>th</sup> Argentine Congress of Plastic Surgery. Buenos Aires, Argentina, March 2007.

43. The Flip-Flop Mastopexy. 37th Argentine Congress of Plastic Surgery. Buenos Aires, Argentina, March 2007.
44. The Mid Face Suspension for Your Practice. 37th Argentine Congress of Plastic Surgery. Buenos Aires, Argentina, March 2007.
45. Transaxillary Subpectoral Augmentation Mammoplasty: A 17 Year Experience (with Dr. B. Thimmappa). Workshop in Plastic Surgery, St. Johns, British Virgin Island; January 2006.
46. Safety of Continuous Infusion of Local Anesthetic for Pain Control Following Liposuction. California Society of Plastic Surgeons. Sonoma, CA. June 2005.
47. Safety of Continuous Infusion of Local Anesthetic via Elastomeric Bolus Pump for Pain Management Following Abdominoplasty. American Society for Aesthetic Plastic Surgery. Vancouver, Canada. April 2004.
48. Sentinel Lymph Node Biopsy in the Augmented Breast: The Role of the Transaxillary Subpectoral Approach. American Society for Aesthetic Plastic Surgery. Boston, MA. May 2003.
49. Striae Distensae: Complicating Augmentation Mammoplasty. California Plastic Surgery Society, Sacramento, CA, April 4, 2003
50. Is the Transaxillary Augmentation a Contradiction for the Sentinel Node Biopsy? 17<sup>th</sup> Annual Workshop in Plastic Surgery. Tortola, British Virgin Islands. January 2003.
51. Is the Transaxillary Augmentation a Contradiction for the Sentinel Node Biopsy? California Plastic Surgery Society. Rancho Mirage, CA. May 2002.
52. Tissue Rearrangement Mastopexy Inferior Pedicle Technique. 16<sup>th</sup> Annual Workshop in Plastic Surgery. Tortola, British Virgin Islands. January 2002.
53. Stretch Marks in Breast Augmentation Patients. 16<sup>th</sup> Annual Workshop in Plastic Surgery. Tortola, British Virgin Islands. January 2002.
54. Controversies of Breast Augmentation (Panel Member). Loma Linda University 69<sup>th</sup> Annual Postgraduate Convention. Loma Linda, CA. February 2001.
55. Facelift Mid-face Suspension: How Long Does it Last? 15<sup>th</sup> Annual Workshop in Plastic Surgery. Tortola, British Virgin Islands. January 2001.
56. Facelift Mid-face Suspension. French Aesthetic Society. Avignon, France. September 1997
57. Endoscopic Mid-face Suspension with Emphasis on Nasolabial Improvement. 10<sup>th</sup> Annual Workshop in Plastic Surgery. Tortola, British Virgin Islands. January 1996.

58. Wound Healing Capabilities of Cultures Allograft: Use with Chronic Skin Ulcers and Wounds. California Plastic Surgery Society. Coronado, CA. February 1994.
59. Transaxillary Subpectoral Augmentation Mammoplasty: A 5-year Experience. American College of Surgeons. Newport Beach, CA. January 1994.
60. Rigid Fixation of the Craniofacial Skeleton. Grand Rounds: Loma Linda University, School of Dentistry. Loma Linda, CA. March 1993.
61. Long Term Results of Chondritis Patients Treated with Ionotophoresis. Northwest Ohio Plastic Surgery Symposium and Review Course. Toledo, OH. December 1987.
62. Twenty Year Trends in Treatment of Otochondritis. Northwest Ohio Plastic Surgery Symposium and Review Course. Toledo, OH. December 1987.
63. Suppurative Chondritis: Its Incidence, Treatment and Prevention in Burn Patients. American Plastic and Reconstructive Surgeons. Los Angeles, CA. October 1986.

#### **INVITED TEACHING COURSES**

1. Dealing With Breast Asymmetries. American Society for Aesthetic Plastic Surgery. New York, NY. April 2013.
2. Dealing With Breast Asymmetries. American Society for Aesthetic Plastic Surgery. Vancouver, Canada. May 2012.
3. Breast Augmentation. The American-Brazilian Aesthetic Meeting. Florianopolis, Brazil. February 2012.
4. Dealing with Breast Asymmetries. American Society for Aesthetic Plastic Surgery. Washington, DC. April 2010.
5. Practice Strategies: Evidence, Data, Technology. American Society for Aesthetic Plastic Surgery. Las Vegas, NV. May 2009.
6. Achieving Excellence in Breast Augmentation Surgery: Putting Core Principles to Practice. Allergan Academy Course. Las Vegas, NV. May 2009.
7. Achieving Excellence in Breast Augmentation Surgery: Putting Core Principles to Practice. Allergan Academy Course. San Diego, CA. May 2008.
8. The Quill Device: Advances in Wound Closure for Plastic Surgeons. Quill SRS.
  - Sacramento, CA. June 2011.
  - Monterey, CA. May 2011.

- Phoenix, AZ. January 2008.
  - Baltimore, MD. October, 2007.
9. Live Surgical Demonstration: Transaxillary Subpectoral Augmentation Mammoplasty, Allergan Academy Professorship.
- Seoul, Korea. June 2007.
  - Taipei, Taiwan. September 2007.
  - Sao Paulo, Brazil. March 2008.

### **MISSION TRIPS AND OUTREACH PROGRAMS**

**Operation Good Samaritan:** Providing plastic and reconstructive to impoverished children with congenital and acquired deformities.

1995	Montmorelos, Mexico (with Dr. Donald Sargeant)
1997	Los Cabos, Mexico
1999	Los Cabos, Mexico
2000	Cabo San Lucas, Mexico (in conjunction with Amigos de los Ninos)
2002	Los Cabos, Mexico

**Community Services Project:** Removing tattoos on reformed gang members to enable them to integrate into the workplace

1997-present Laguna Beach, CA